



J-Plasma

Post-Care Instructions

***Your compliance to your home care regimen will greatly affect the outcome of your J-Plasma treatment.**

- You may take Motrin 800mg every 8 hours to help reduce swelling and for any pain relief.
- Keep your head elevated for the first week. This will help reduce swelling and promote healing.
- Close to 24 hours after treatment start showering. Shower 4-6 times daily. Allow warm water to rinse your face as you have your back to the shower.
- **DO NOT LET THE SKIN DRY OUT!**
- Use Argentyn silver spray every hour. This provides needed hydration and protects from infection.
- Use Argentyn-23 gel, ASAP Gel and Kurative cream to keep skin moist. You can mix all three of these together if needed and apply. You may apply a layer of un-petroleum jelly over the top of these agents to help hold them in and keep the skin hydrated.
- It is normal for your skin to feel dry, itchy and irritated. Taking more showers help
- It is normal to look like you have been in the sun. You will be red.
 - It is normal to have bloody oozing the first few days. Sloughing/oozing (6-12 days depending on patient.)

For a medical emergency please call 911. If you have any questions or concerns, please call our office at 970-242-8177

Laser Technician _____