



## **Intense Pulse Light for Pigmented Lesions**

### **Pre-care Instructions**

1. An accurate diagnosis by a physician is necessary prior to the IPL Treatment.
2. Prior to treatment, clean the treatment area. The treatment area should be free of any makeup, creams, perfumes and lotions. Male patients should shave just prior to treatment. (The pigment in a beard could increase discomfort)
3. Discontinue sun tanning, use of tanning beds and any application of sunless tanning products one month before the treatment.
4. Always use SPF 30 or greater on all exposed areas. Wear protective sun protective clothing and hats.
5. Discontinue the use of exfoliating creams to the desired treatment area one week prior to your treatment.
6. If the patient has a history of herpes outbreaks in the areas being treated, a prescribed medication, like Valtrex is recommended for one week prior to the treatment to prevent an outbreak.

Patient will need to have the following:

- A mild facial cleanser
- High-quality SPF 30 or greater
- A good moisturizer available for post-treatment
- If you experience discomfort, a pain reliver such as Ibuprofen or acetaminophen can be used.
- Accessibility to an antibiotic ointment if necessary

For a medical emergency please call 911. If you have any questions or concerns, please call our office at 970-242-8177

Laser Technician \_\_\_\_\_