

Intense Pulse Light for Pigmented Lesions

Post-care Instructions

- A mild-like sunburn sensation is common. This usually lasts 2-24 hours but can last up to 72 hours.
- Mild swelling and/or redness may accompany this, but usually self-resolved within 2-3 days.
- Apply ice or gel packs to the treatment area for 10-15 minutes every hour as needed. An oral anti-inflammatory medication, such as acetaminophen may be taken for discomfort. Use according to label instructions.
- Avoid the following on the treatment area until redness subsides
 - Applying makeup
 - Swimming (both natural and chemical waters)
 - Hot tubs and saunas
 - Excessive perspiration activities
 - Sun exposure and tanning
- Bathe or shower as usual. Treatment areas may be temperature sensitive.
- The lesion will gradually turn darker (sometimes black or brown) over 1-2 days
- The lesion will start to scab over in 7-21 days
- To avoid scarring to not itch or scratch
- Lesions will usually heal 21-30 days after treatment, it may take an additional 6-8 weeks to fully fade
- Multiple treatments may need to be required for optimal results
- Possible side effects include but are not limited to
 - Possible prolonged itching, redness, and blistering
 - Possible hair removal in treated area
 - Possible bruising, peeling, rashes, darkening or lightening of skin in treated area
 - Possible scarring

For a medical emergency please call 911. If you have any questions or concerns, please call our office at 970-242-8177

Laser Technician _____