



Laser Hair Reduction/Modification

Post-Care Instructions

- A mild-like sunburn sensation is common. This usually lasts 2-24 hours but can last up to 72 hours.
- Mild swelling and/or redness may accompany this, but usually self-resolved within 2-3 days.
- Apply ice or gel packs to the treatment area for 10-15 minutes every hour as needed. An oral anti-inflammatory medication, such as acetaminophen may be taken for discomfort. Use according to label instructions.
- Avoid the following on the treatment area until redness subsides
 - Applying makeup
 - Swimming (both natural and chemical waters)
 - Hot tubs and saunas
 - Excessive perspiration activities
 - Sun exposure and tanning
- Bathe or shower as usual. Treatment areas may be temperature sensitive.
- Appearance of hair growth or stubble will continue for 7-30 days after treatment. This is not new hair growth, but treated hair expelled from the skin.
- Hairs that were in the resting phase (telogen) at the time of treatment may enter the active growing phase (anagen) in 1-6 months, depending on the area of the body
- Multiple treatments may need to be required for optimal results
- Possible side effects include but are not limited to
 - Possible prolonged itching, redness, and blistering
 - Possible hair removal in treated area
 - Possible bruising, peeling, rashes, darkening or lightening of skin in treated area
 - Possible scarring
 - Possible hypopigmentation or hyperpigmentation can last for 1-6 months and in rare cases can be permanent.

For a medical emergency please call 911. If you have any questions or concerns, please call our office at 970-242-8177

Laser Technician _____