

Collagen PIN Microneedling Post-Care Instructions

Immediately after your Microneedling treatment, your skin care specialist may apply a moisturizer. You should avoid sun tanning and prolonged sun exposure to direct sunlight for 3-5 days. When exposed to sunlight, always use sunscreen SPF 30 or greater. You may clean your face with a gentle cleanser before bed.

What to expect:

- Redness or sensitivity might be present and last up to a few days
- Use acetaminophen as needed for pain and soreness
- Peeling may start 3-5 days after treatment. Do not pick or scratch treated skin and keep moisturized
- Fresh pineapple an optimize healing
- Avoid strenuous exercising or sweating for 24 hours due to open pores
- Cleanse skin with a gentle cleanser, cool water and your hands, use towel to pat-dry only
- Use cool compress if you are experiencing excessive discomfort, burning redness or swelling
- Use mineral makeup if available
- Avoid Retinol products for 72 hours after the treatment
- We recommend additional follow up treatments spaced 4 weeks apart

Day 1 after treatment: Wash your face with gentle cleanser and apply moisturizers and creams as usual. Avoid exfoliants or glycolic acids that are present in products as they can make your skin very dry. Always use SPF 30+ daily.

Day 2-7: Withing 2 days of your treatment your skin will become very dry and possibly flaky. This is due to an increase in skin cell turnover. During this period, you can apply usual moisturizer. If your skin care specialist treated around the eye area, you may experience micro-bruising that could exist for up to 4 days.

Day 7+: Around a week after treatment, most patients notice their skin is smoother and more radiant. Continue to moisturize and use sun protections, applying every 2 hours if exposed to sun.

For a medical emergency please call 911. If you have any questions or concerns, please call our office at 970-242-8177

Laser Technician _____